



Set Drill Tip Tests

Basic Movement Drill

Level	Techniques
Yellow/white to Yellow	Basic Movement Drill 1-2
Yellow to Yellow/black	Basic Movement Drill 1-3
Yellow/black to Blue/white	Basic Movement Drill 1-4 (End of Yellow)
Blue/white to Blue	Basic Movement Drill 1-5
Blue to Blue/black	Basic Movement Drill 1-6
Blue/black to Red/white	Basic Movement Drill 1-7 (End of Blue)
Red/white to Red	Basic Movement Drill 1-8
Red to Red/black	Basic Movement Drill 1-9
Red/black to Black/white	Basic Movement Drill 1-9

1 Step Sparring

Level	Techniques
Yellow/white to Yellow	One Step Sparring: 1
Yellow to Yellow/black	One Step Sparring: 1-2
Yellow/black to Blue/white	One Step Sparring: 1 –3
Blue/white to Blue	One Step Sparring: 1 –4
Blue to Blue/black	One Step Sparring: 1 –5
Blue/black to Red/white	One Step Sparring: 1-6
Red/white to Red	One Step Sparring: 1-7
Red to Red/black	One Step Sparring: 1-8
Red/black to Black/white	One Step Sparring: 1-9

Set Drill Tip Tests

Poomsae

Level	Techniques
Yellow/white to Yellow	Taeguk E Jang Part 1
Yellow to Yellow/black	Taeguk E Jang Part 2
Yellow/black to Blue/white	Taeguk E Jang
Blue/white to Blue	Taeguk E Jang Taeguk O Jang Part 1
Blue to Blue/black	Taeguk E Jang Taeguk O Jang Part 2
Blue/black to Red/white	Taeguk E Jang Taeguk O Jang
Red/white to Red	Taeguk E Jang Taeguk O Jang Taeguk Chil Jang Part 1
Red to Red/black	Taeguk E Jang Taeguk O Jang Taeguk Chil Jang
Red/black to Black/white	Taeguk E Jang Taeguk O Jang Taeguk Chil Jang Poomsei Koryo Part 1